## **Breast Density Classifications**



Almost entirely fatty

Scattered areas of fibroglandular density

Heterogenously dense

Extremely dense

As the relative amount of fibroglandular breast tissue increases, breast density increases. The star symbol on each mammogram gets harder to see as breast density increases – the same is true for a breast cancer.

## **Learn About Breast Density**

- It's normal. Almost half of all women have dense breast tissue.<sup>1</sup>
- It's a risk factor having dense breast tissue increases your risk of breast cancer by as much as 4X.<sup>2,3</sup>
- As you can see from the star example above, dense tissue can hide an underlying breast cancer, making it harder for a radiologist to detect.
- Breast density is determined by your mammogram, so be sure to keep up with your annual screening.

- Supplemental screening (such as ultrasound or MRI) has shown improved cancer detection in dense breasts over mammography alone.<sup>4</sup>
- Women with dense breasts should ask their doctor about options for supplemental screening.

Scan to learn more







- 2. Pubmed.ncbi.nlm.nih.gov/16775176/
- 3. Pubmed.ncbi.nlm.nih.gov/20868890/
- 4. DenseBreast-Info.org.
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